



FOSTACARE SERO

FOSTACARE SERO brings body and mind back into balance.

This manifests itself in a good mood and a feeling of well-being, creates positive emotions, reduces stress and nervousness. A balanced serotonin level also brings new drive and increases both mental and physical performance.

FOSTACARE SERO stimulates the body to produce its own serotonin through the natural precursor and ensures the ideal serotonin level in the body. This happiness hormone regulates a wide range of processes in the body, increases mental performance and creates a harmonious sleep-wake rhythm.

Energized with the FOSTAC® Technology.

Recommended intake:

Take 2 to 3 capsules a day with a little liquid as required.

Ingredients: Prickly pear extract (contains taurine) | L-tryptophan | goji berry extract (contains taurine) | hydroxypropyl methylcellulose (capsule shell) | green tea extract (contains caffeine) | cola nut extract (contains caffeine) | griffonia extract | guarana extract (contains caffeine) | rose root extract | St. John's wort extract | anti-caking agent: Magnesium salts of fatty acids | Silicon dioxide | Sodium selenite | Cholecalciferol (vitamin D3)



TECHNICAL DETAILS

Content: see description

Amount: 90 capsules